

PHYSICIAN'S STANDING ORDERS  
Bastrop Independent School District  
2025-2026 School Year

1. Apply pressure dressings to bleeding wounds and elevate the injury above heart level if not contraindicated.
2. Wounds should be cleansed with soap and water and/or 1:1 diluted Hydrogen Peroxide. Bacitracin (or generic) may be applied (if not allergic) and covered with a sterile dressing or band-aid. Lacerations and puncture wounds should be covered with a dry, sterile dressing and referred to a physician for evaluation.
3. Cold, in the form of an ice pack, may be applied to joint injuries or muscular discomfort. Fingers and limbs may be splinted until evaluated by a physician. For secondary students in an athletic program, contact the athletic trainer for evaluation.
4. Cool, moist dressings (bottled water, distilled, saline) may be applied to burned areas. For sunburns, Aloe Vera gel may be applied.
5. A warm pack or heating pad may be applied to the abdomen for menstrual cramps or muscles for discomfort.
6. Eyes may be irrigated with normal saline, tap water, eye wash or generic equivalent as needed for minor irritation.
7. Calamine, Caladryl, Benadryl Cream or hydrocortisone 1% may be applied to minor skin irritations. Meat tenderizer and/or Sting Relief Swabs, as a poultice, may be applied to insect bites or stings. Vaseline may be applied topically to dry lips/skin. Lip balm may be applied to dry lips.
8. Vicks may be applied topically for muscle soreness and/or headaches. Vicks may also be applied topically and/or via inhalation for congestion.
9. Diphenhydramine HCl (Benadryl) may be dispensed orally per package directions at the nurse's discretion at the sign of an allergic reaction (i.e. urticaria, hives, welts, swelling, and/or generalized itching).
  - a. Dosage for children between the ages of 2-5 years old, please administer Benadryl 6.25 mg by mouth every 4-6 hours as needed. Maximum dose not to exceed 25mg/day for children 2-5 years.
10. For an anaphylactic reaction, an EpiPen Auto-Injector may be injected intramuscularly by appropriately trained personnel as follows: 0.15mg (Jr.) for weight of 33-66 lbs.; 0.3mg for weight of 66 lbs. or greater. Contact EMS immediately and contact the parent(s).
11. Finger stick may be utilized for signs & symptoms of hyperglycemia or hypoglycemia. Four (4) - Six (6) ounces of juice, Insta-glucose, cake icing or glucose tablets may be given for hypoglycemia. If known diabetic, follow student's diabetic management plan from their medical provider.
12. If unable to contact the parent, a one-time dose may be given for the following:
  - a. Acetaminophen for fever of 101 degrees or greater and dosage per package directions.
  - b. Ibuprofen for fever of 101 degrees or greater and dosage per package directions.
13. For sore throat/cough, saline gargle, oral relief spray, generic lozenges or cough drops may be given after evaluation by nurse or medically trained professional.
14. A one-time dose of Ibuprofen or Acetaminophen per package instructions with parental consent may be given for headache and/or discomfort. If there is no improvement within 1 hour, contact the parent. If a second dose is requested within 24 hours, the parent should be contacted. A cool compress or ice pack may be used for a headache.
15. At nurse's discretion, oxygen via mask/cannula may be administered in an emergency as needed for: diminished cellular perfusion, trouble breathing, seizure, or any other signs of respiratory distress. Administer as follows:
  - a. Nasal cannula: adults @ 1-6 L per minute; children 12 and under @ 1-4 L per minute (if not contraindicated)
  - b. Non-rebreather mask: high flow oxygen @ 10-15 L per minute (if not contraindicated)
  - c. Monitor pulse oximetry; contact the parent(s) and/or call 911/EMS as indicated.
16. If a poison ingestion is suspected, call Poison Control at 1-800-222-1222 and follow instructions as given.
17. 4 Baby Aspirin @ 81mg each may be given by mouth (unless contraindicated) to adults with signs/symptoms of a heart attack. Symptoms may be: pressure/tightness/pain/squeezing to chest that can spread to arms/neck/jaw/back; nausea/heartburn; shortness of breath; lightheaded/dizziness; fatigue or cold sweat. Call 911 if signs/symptoms noted.
18. For dental and/or tooth pain, Orajel, Orabase, or a generic equivalent may be applied per package directions. Contact the parent(s) for any dental emergency (i.e. broken tooth, wires or braces broken, etc).
19. Electrolyte powder dissolved in water per manufacturer's directions may be given orally for symptoms of dehydration.

  
Pompeyo C. Chavez, MD

5/9/25  
Date

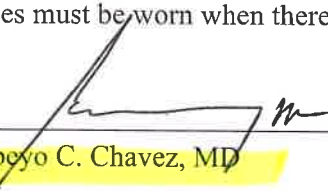
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The above treatments and medications may be used by the RN, LVN, or principal designated employee under the RN's direction in the absence of the RN or LVN. The campus principal may designate an employee that has been trained by an RN in the administration of medication and the use of an EpiPen.

Please refer to the Policy and Procedures manual titled School Nurse Resource Manual: A Guide to Practice, (School Health Alert, 2010 or 2016) for additional treatment and guidance.

Emergency first aid treatment shall be done in accordance to the guidelines set forth by the American Red Cross.

Gloves must be worn when there is any risk of coming in contact with blood or body fluids (Bloodborne Pathogens).

  
Pompeyo C. Chavez, MD

5/7/25  
Date

NARCAN@ Nasal Spray Bastrop I.S.D. Program  
Order and Terms and Conditions

**NARCAN (naloxone HCl) Nasal Spray for Bastrop I.S.D. Form and Terms and Conditions**

BISD and/or state school district identified below (herein, the "School") hereby acknowledges and agrees the Narcan (naloxone hydrochloride) Nasal Spray 4mg ("NARCAN", NDC # 69547-353-02) be administered as needed. This program represents and warrants to the following:

1. The undersigned is a school or school district whose primary purpose is education for students in all grade levels and is licensed as an educational facility.
2. The school will only purchase, receive and use Narcan in accordance with all applicable laws, rules and regulations. The school will provide to adapt the appropriate medical license of the registered medical advisor representing the school. Each campus will have a minimum of 2 doses available at all times.
3. The school is solely responsible for the proper and safe usage of the product, and training of any school personnel who administer Narcan. Narcan is to be used strictly in accordance with its Full Prescribing Information and Instructions for Use, available below. By signing below, you certify that you have read and understood the Full Prescribing Information and Instructions for Use, including but not limited to the product indications and safety information.
4. Narcan (naloxone hydrochloride) 4mg nasal spray received by the School will be for the School's own use and the School shall not sell or transfer Narcan received pursuant to any non-school third party.

**I have read and certify to the foregoing terms and conditions:**

Pompeyo C. Chavez, MD

Authorized Representative/Print

  
\_\_\_\_\_

Signature

5/7/25  
\_\_\_\_\_

Date

M7794 TX

Prescriber License #/State

**Name of School:**

Bastrop Independent School District

**Contact Person:**

Tanya Coleman, RN

**Email:**

tcoleman@bisdtx.org

**Phone Number:**

512-772-7249



## Health Services Standing Order 2025-2026

Naloxone is indicated for reversal of opioid overdose in the setting of respiratory depression or unresponsiveness. It may be delivered intranasal with the use of a mucosal atomizer device.

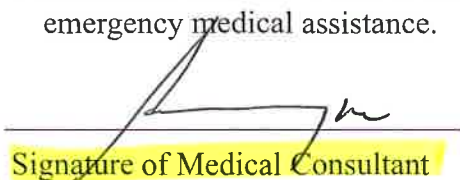
Signs of opioid overdose may include:

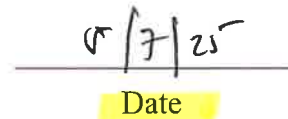
- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular or has stopped
- Center part of their eye is very small, sometimes called "pinpoint pupils"
- Fingernails and lips turning blue or purple
- Slow heartbeat and/or low blood pressure

Not all of these signs will be present. If you suspect an opioid overdose, get emergency medical assistance right away.

This order authorizes Bastrop ISD to maintain supplies of Narcan Nasal Spray kits for the purpose of administration to a person suspected of an opioid overdose with respiratory depression or unresponsiveness as follows:

1. Narcan Nasal Spray is for intranasal use only. Dosage forms and strengths:  
Nasal spray: 4 mg of naloxone hydrochloride in 0.1 ml
2. Seek emergency medical care immediately after use. Call 911
3. Administer a single spray of Narcan Nasal Spray to adults or pediatric patients intranasal into one nostril.
4. Administer additional doses of Narcan Nasal Spray, using a new nasal spray with each dose, if the patient does not respond or responds and then relapses into respiratory depression, additional doses of Narcan Nasal Spray may be given every 2 to 3 minutes until emergency medical assistance arrives.
5. Additional supportive and/or resuscitative measures may be helpful while awaiting emergency medical assistance.

  
Signature of Medical Consultant

  
Date